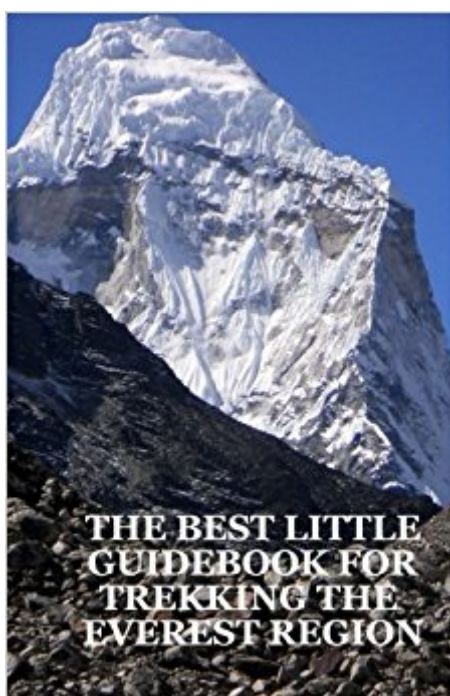


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# The Best Little Guidebook For Trekking The Everest Region (Nepal Insider Editions)



## Synopsis

The Khumbu (Everest Region of Nepal) is as good as it gets for mountain scenery and Himalayan trekking. The area boasts more well-endowed vistas than you will likely have in your entire life. This wondrous land is populated by the hearty Sherpa following a timeless way of life. Known as the "Tigers of the Snow" for their aptitude at high elevations, Sherpa are the local guardians of the Himalaya and trusted climbing partners in the mountains that they consider divine. There is much to explore in this Sherpa homeland favored by Mother Nature including the historic Everest Base Camp, dazzling Gokyo Lakes, and the ambitious Three Passes Circuit (with secret Fourth Pass described within this guidebook) among numerous, inviting side-tours. Trekking in the Everest Region is an exhilarating journey and non-stop feast of majestic peaks, cultural treasures and breathtaking attractions! The welcoming people, regal monasteries, radiant mountains, delicious home-style food and swill, along with a united nations of international travelers combine to make the Everest Region a trekkers' paradise and lifetime highlight! This guidebook is a must have for anyone visiting the Everest Region.

## Book Information

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## Customer Reviews

Lots of info I would not have considered. I'm going to rewrite my list of gear based on this book.  
Great read. Great ideas.

This is a specific guide written in a very easy to read style.

Very helpful book

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